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The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology (ESPAI 2025)

Steigenberger Hotel El Tahrir, Cairo, November 26-27, 2025

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The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology (ESPAI 2025)

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Prof. Carla Irani, Lebanon
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The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

Welcome Note

Dear Colleagues,

It gives us great pleasure to welcome you to the 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology (ESPAI 2025). Our event is hosting distinguished international and national pioneers in allergy and immunology.

We are blessed this year to have a World Allergy Training School (WATS) held by the World Allergy Organization and American College of Allergy Asthma and Immunology. The WATS faculty include three distinguished international speakers; Prof. Rene Maxmiliano Gomez (Argentina), Prof. Michael Levin (South Africa) and Prof. Elizabeth Kiragu (Kenya). Prof. Sanaa Mahmoud (USA) is enriching our program as usual and this year, we host three Regional famous figures in allergy and immunology; Prof. Mona Al Ahmad (Kuwait), Prof. Carla Irani (Lebanon) and Prof. Iman Nasr (Oman)

We look forward to a topmost elaborate congress that will meet your expectations en-shaa-Allah.

Sincerely,

Elham M. Hossny
President of ESPAI

Zeinab A. El-Sayed
Past President of ESPAI

Dalia H. El-Ghoneimy
Secretary General of ESPAI

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The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

International Speakers



Prof. Michael Levin

Head of the Division of Asthma and Allergy in the Department of Pediatrics, Cape Town University, South Africa and Past-President of the WATS Program



Prof. R. Maximiliano Gómez

Dean, Faculty of Health Sciences. Catholic University of Salta, and Invited Prof. of Immunology, National University of Salta, Argentina WAO Board Member and President of the WATS Program



Prof. Elizabeth Kiragu

Pediatric Allergy Specialist and full-time faculty at the Aga Khan University Hospital, Nairobi, Kenya Member, WATS Program



Prof. Sanaa Mahmoud

Clinical professor of Pediatrics and Allergy/Immunology, Pikeville Univ, Kentucky, and Adjunct faculty at Lincoln Debussk Memorial Univ, Tennessee, USA



Prof. Mona Al-Ahmad

Professor of Medicine, Allergy and Clinical Immunology at College of Medicine, Kuwait University, Kuwait and Deputy Editor-in-Chief of the WAO Journal



Prof. Carla Irani

Associate Professor of Medicine, Saint Joseph University, and Head of the Internal Medicine and Clinical Immunology Dept at Hotel Dieu De France, Beirut, Lebanon



Prof. Iman Nasr

Head of Allergy and Immunology Dept, Royal Hospital, and Head of the Centers of Reference and Excellence in Urticaria, Angioedema and Anaphylaxis, Muscat, Oman

The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

Program at-a-Glance

Wednesday 26/11/2025	09:00 - 10:00	Morning Lecture: Mastocytosis- Diagnostic Challenges
	10:00 - 10:30	Opening Ceremony and Recognition of Invited Speakers
	10:30 - 12:00	Plenary 1: Pediatric Asthma: Update
	12:00 - 12:30	Coffee Break
	12:30 - 14:30	Symposium 1 with panel discussion: Hereditary Angioedema
	14:30 - 15:30	Lunch Break
	15:30 - 17:30	Symposium 2: Clinical Issues in Pediatric Allergy, Immunology, and Rheumatology I

		Hall 1	Hall 2
Thursday 27/11/2025	09:00 - 09:30	Morning Lecture: Stinging Insect Allergy	World Allergy Training School (WATS) (08:30 -17:30) Separate Registration
	09:30 - 11:00	Plenary 2: Revisiting Some Old Immune Disorders	
	11:00 - 11:30	Coffee Break	
	11:30 – 12:45	Symposium 3: Inborn Errors of Immunity	
	12:45 - 14:00	Symposium 4: Difficult-to-Treat Allergies	
	14:00 - 14:30	Keynote Lecture: Management of Systemic-Onset JIA	
	14:30 - 15:30	Lunch Break	
	15:30 - 17:30	Symposium 5: Clinical Issues in Pediatric Allergy, Immunology, and Rheumatology II	
		Closing Remarks	

ESPAI 2025

Morning Lecture and Discussion

Wednesday, November 26; 09.00 – 10:00

Mastocytosis: Diagnostic Challenges

MODERATOR



Prof. Sanaa Mahmoud

Pikeville School of Medicine, Kentucky, USA
Professor Emeritus, Pediatric Allergy and Immunology,
Ain Shams University

SPEAKER



Dr. Roba Al-Gaweesh

Pediatric Allergy, Immunology
and Rheumatology Unit,
Children's Hospital,
Ain Shams University

Open Discussion

ESPAI 2025

Plenary Session 1

Pediatric Asthma: Update

Wednesday, November 20; 10:30 - 12:00

MODERATORS



Prof. Ihab Khairy
Ain Shams University



Prof. Elham Hossny,
Ain Shams University



Prof. Michael Levin
Cape Town University

SPEAKERS

Prof. R. Maxmiliano Gomez

Dean, Faculty of Health Sciences.
Catholic University of Salta.
Invited Professor of Immunology,
National University of Salta, Argentina.

**Asthma remission: pediatric
perspective**

10:30 - 10:55



Prof. Zeinab Awad El-Sayed

Pediatric Allergy, Immunology and
Rheumatology Unit,
Children's Hospital,
Ain Shams University, Egypt

**The role of indoor allergen
control on Childhood asthma**

10:55 - 11:20



Prof. Mona Al Ahmad

Chairperson of the Department of
Allergy and Head of Immunology at the
College of Medicine,
Kuwait University, Kuwait

**Clinical challenges about
biologics in airway diseases:
the allergist's perspective**

11:20- 11:45



Q & A (11:45-12:00)

ESPAI 2025

Symposium 1

Hereditary Angioedema: Current and Future Challenges

Wednesday, November 26; 12:30 - 14:30

MODERATORS



Prof. Alyaa Kotby

Ain Shams University, Egypt



Prof. Zeinab A. El-Sayed

Ain Shams University, Egypt



Prof. Elizabeth Kiragu

Aga Khan University, Kenya

LECTURES

Assoc. prof. Nesrine Radwan

Pediatric Allergy, Immunology & Rheumatology Unit,
Children's Hospital, Ain Shams University

Approach to the diagnosis of HAE

12:30 - 12:50



Prof. Michael Levin

Head of the Division of Asthma and Allergy in the
Department of Pediatrics, Cape Town Univ, South Africa

HAE: Case studies and lessons learned.

12:50 - 13:10



Dr. Walaa Shouman

Pediatric Immunology Unit, Children's Hospital,
Alexandria University

Treatment Challenges in HAE

13:10 - 13:30



PANEL DISCUSSION (13:30 - 14:30)

PANEL MEMBERS



Prof. Elham Hossny

Ain Shams University, Egypt



Prof. Mona Al Ahmad

Kuwait University, Kuwait



Prof. Nermine Galal

Cairo University, Egypt



Prof. Rasha Youssef

Ain Shams University, Egypt



Prof. Iman Nasr

Royal Hospital, Oman



Prof. Carla Irani

St Joseph University, Lebanon



Prof. Ahmad Hamdy

Ain Shams University, Egypt

ESPAI 2025

Symposium 2

Clinical Issues in Pediatric Allergy, Immunology & Rheumatology I

Wednesday, November 26; 15:30 - 17:30

MODERATORS



Prof. TBA

Ain Shams University



**Prof. Lerine
Bahyeldin**

Ain Shams University



**Prof. Ihab
El-Hakim**

Badr University



**Prof. Randa
Matter**

Ain Shams University



**Dr. Hanan
A. Hamad**

Ain Shams University

SPEAKERS

Prof. Elizabeth Kiragu

Pediatric Allergy, Aga Khan University
Hospital, Nairobi, Kenya

**The allergy experience in Kenya:
successes and challenges**

15:30 – 15:50



Prof. Marwa ElDeeb

Pediatric Gastroenterology Unit, Children's
Hospital, Ain Shams University

**Gastrointestinal involvement in
Juvenile systemic sclerosis**

16:10 – 16:30



Prof. Yasmeen G. El-Gendy

Pediatric Clinical Nutrition Unit
General Manager of Children's Hospital, Ain
Shams University

**Nutritional care of patients
receiving corticosteroids**

16:30 – 16:50



Prof. Ragia Mareie

Pediatric Nephrology and Dialysis Unit,
Children's Hospital, Ain Shams University

**Immune dysfunction in chronic
kidney disease**

15:50 – 16:10



Speaker TBA

Pediatric Cardiology Unit, Children's
Hospital, Ain Shams University

Cardiac problems in SLE

16:30 – 16:50

Q & A (17:10 - 17:30)

ESPAI 2025

Morning Lecture and Discussion

Thursday, November 21; 09.00 - 09:30

Insect Sting Allergy and its Immunotherapy

MODERATOR



Prof. Carla Irani

Saint Joseph University, Head of the Internal Medicine
and Clinical Immunology Dept, Hotel Dieu De France,
Beirut, Lebanon

SPEAKER



Prof. Sanaa Mahmoud

Pikeville School of Medicine,
Kentucky, USA

Professor Emeritus, Pediatric
Allergy and Immunology,
Ain Shams University

Open Discussion

ESPAI 2025

Plenary Session 2

Revisiting Some Old Immune Disorders

Thursday, November 27; 09:30 - 11:00

MODERATORS



Prof. Ahmad Abdallah
Ain Shams University



Prof. Ashraf Abdel Baky
Ain Shams University



Prof. Mona Al-Ahmad
Kuwait University

SPEAKERS

Prof. Magie L. Naguib

Pediatric Pulmonology Unit, Children's Hospital, Cairo University, Egypt.
ESPAI Board Member.

Pulmonary sarcoidosis in children

09:30 - 09:55



Prof. Elham Hossny

Pediatric Allergy, Immunology and Rheumatology Unit, Children's Hospital, Ain Shams University, Egypt.
WAO Board Member.

Eosinophilic granulomatosis with polyangiitis

09:55 - 10:20



Assoc. Prof. Ghada Shousha

Pediatric Allergy, Immunology and Rheumatology Unit, Children's Hospital, Ain Shams University, Egypt.

Insights in Behcet's disease

10:20 - 10:45



Q & A (10:45-11:00)

ESPAI 2025

Symposium 3

Inborn Errors of Immunity: Multidisciplinary Care

Thursday, November 27; 11:30 - 12:45

Session Moderator and Panel Discussion Leader

Prof. Dalia El-Ghoneimy

LECTURES

Prof. Carla Irani Saint Joseph University, Head of the Internal Medicine & Clinical Immunology Dept, Hotel Dieu De France, Beirut, Lebanon	Health disparities and Shared decision-making in the treatment of PID in the Middle East 11:30 – 11:50	
Prof. Dalia El-Ghoneimy Head, Pediatric Allergy, Immunology and Rheumatology Unit, Children's Hospital, Ain Shams University, Egypt	Predominant B cell deficiency: Ain Shams Experience 11:50 - 12:10	

Panel Discussion on the Uses of IVIG in Pediatrics

PANEL MEMBERS



Prof. Azza A. Tantawy

Pediatric Hematology/Oncology
Ain Shams University



Prof. Hoda Tomoum

Pediatric Neurology
Ain Shams University



Prof. Nermine Galal

Pediatric Immunology,
Cairo University



Prof. Walid El-Gendy

Pediatric Cardiology
Ain Shams University



Prof. Iman Nasr

Clinical Immunology,
Royal Hospital, Oman

ESPAI 2025

Symposium 4

Difficult-to-Treat Allergies

Thursday, November 27; 12:45 - 14:00

MODERATORS



Prof. Maiy Nassar
Ain Shams University



Prof. Dalia El-Ghoneimy
Ain Shams University



Prof. Mervat Gamal
Ain Shams University

SPEAKERS

Prof. Sanaa Mahmoud

Pikeville School of Medicine, Kentucky, USA
and Emeritus Prof. at Pediatric Allergy,
Immunology and Rheumatology Unit, Ain
Shams University, Egypt

**Management of recalcitrant
atopic dermatitis**

12:45 – 13:05



Assoc. Prof. Hanan A. Hamad

Pediatric Allergy, Immunology and
Rheumatology Unit, Children's Hospital, Ain
Shams University, Egypt

**Multiple food allergies or just
sensitizations?**

13:05 – 13:25



Dr. Sally Gouda

Pediatric Allergy, Immunology and
Rheumatology Unit, Children's Hospital, Ain
Shams University, Egypt

**Refractory Anaphylaxis:
definition and treatment**

13:25 -13:45



Q & A (13:45 - 14:00)

ESPAI 2025

Keynote Lecture and Discussion

Thursday, November 27; 14:00 - 14:30

Systemic Onset Juvenile Idiopathic Arthritis

MODERATOR



Assoc. Prof. Nesrine Radwan

Pediatric Allergy, Immunology and Rheumatology
Unit, Children's Hospital, Ain Shams University

SPEAKER



Prof. Dalia El-Ghoneimy

Head, Pediatric Allergy,
Immunology and
Rheumatology Unit,
Children's Hospital,
Ain Shams University

Open Discussion

ESPAI 2025

Symposium 5

Clinical Issues in Pediatric Allergy, Immunology & Rheumatology II

Thursday, November 27; 15:30 - 17:30

MODERATORS



Prof. TBA

Ain Shams Univ.



**Prof. Ghada
Gad**

Ain Shams Univ.



**Prof. Rasha
Tarif**

Ain Shams Univ



**Prof. Terez B.
Kamel**

Ain Shams Univ



**Dr. Ghada
Shousha**

Ain Shams Univ

SPEAKERS

Prof. Maha Hassan

Neonatology and Prematurity Unit,
Children's Hospital, Ain Shams University

**Standards of care for the neonate
with primary immunodeficiency
15:30 – 15:50**



Prof. Randa Khalaf

Pediatric Endocrinology Unit,
Children's Hospital, Ain Shams University

**Managing Stature defects in
pediatric rheumatologic diseases
15:50 – 16:10**



Prof. Sally Raafat

Pediatric Pulmonology Unit, Children's
Hospital, Ain Shams University

**Pulmonary care in juvenile systemic
sclerosis
16:10 – 16:30**



Assoc. Prof. Naglaa Osman

Pediatric Allergy, Immunology and
Rheumatology Unit, Assiut University

**Chronic inducible urticaria: proper
management
16:30 – 16:50**



Assoc. Prof. Eman Fahmy

Pediatric Allergy and Immunology Unit,
Children's Hospital, Sohag University

**Allergic conjunctivitis in children
16:50 – 17:10**



Q & A and Closing Remarks (17:10 - 17:30)

World Allergy Training School

Cairo, Egypt

27 November 2025			
TIME	SESSION	SPEAKER	TIME
08:30 – 09:00	Registration		30 min
09:00 – 09:30	Welcome and Introductions	Host Society & WATS Faculties	30 min
TRACK 1 (09:30 – 11:00) Session Chair: Zeinab A. El-Sayed			
09:30 - 10:00	Lecture: Contact Dermatitis	E. Kiragu	30 min
10:00 - 10:30	Lecture: Urticaria	M. Levin	30 min
10:30 - 11:00	Lecture: Overview of Drug Allergy	E. Kiragu	30 min
Tea/Coffee Break (11:00 – 11:30)			
TRACK 2 (11:30 – 14:30) Session Chair: Elham Hossny			
11:30 - 12:15	Lecture: Food allergy	M. Levin	45 min
12:15 - 13:00	Lecture: Anaphylaxis	M. Gómez	45 min
13:00 - 13:30	Workshop: Anaphylaxis action plans and adrenaline use (workshop)	M. Gómez	30 min
13:30 - 14:30	Workshop: Allergy Skin Testing	M. Levin (introduction lecture); All faculty (workshop)	60 min
Lunch (14:30 – 15:30)			
TRACK 3 (15:30 – 17:30) Session Chair: Dalia El-Ghoneimy			
15:30 - 16:15	Lecture: Asthma	M. Gómez	45 min
16:15 - 16:55	Workshop: Asthma inhalation devices, MDIs, Spacers & DPI's, Peak flow meters	M. Gómez	40 min
16:55 - 17:15	Workshop: Nasal sprays and sinus irrigation	E. Kiragu	20 min
17:15 - 17:30	Q&A / Conclusions and Group Photo	WATS Faculties	15 min

THANK YOU



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