

The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

ESPAI 2025

Steigenberger Hotel El Tahrir, Cairo, November 26-27, 2025

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13.5 CME hours by the
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The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

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Prof. Carla Irani, Lebanon
Prof. Nahla Erwa, Sudan

The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

Welcome Note

Dear Colleagues,

It gives us great pleasure to welcome you to the 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology (ESPAI 2025). Our event is hosting distinguished international and national pioneers in allergy and immunology.

We are blessed this year to have a World Allergy Training School (WATS) held by the World Allergy Organization and American College of Allergy Asthma and Immunology. The WATS faculty include three distinguished international speakers; Prof. Rene Maxmiliano Gomez (Argentina), Prof. Michael Levin (South Africa) and Dr. Elizabeth Kiragu (Kenya). Prof. Sanaa Mahmoud (USA) is enriching our program as usual and this year, we host three Regional famous figures in allergy and immunology; Prof. Mona Al Ahmad (Kuwait), Prof. Carla Irani (Lebanon) and Prof. Iman Nasr (Oman)

We look forward to a topmost elaborate congress that will meet your expectations en-shaa-Allah.

Sincerely,

Elham Hossny

Elham M. Hossny
President of ESPAI

Zeinab A. El-Sayed

Zeinab A. El-Sayed
Past President of ESPAI

Dalia H. El-Ghoneimy

Dalia H. El-Ghoneimy
Secretary General of ESPAI

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The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

International Speakers



Prof. Michael Levin

Head of the Division of Asthma and Allergy in the Department of Pediatrics, Cape Town University, South Africa and Past-President of the WATS Program



Prof. R. Maximiliano Gómez

Dean, Faculty of Health Sciences. Catholic University of Salta, and Invited Prof. of Immunology, National University of Salta, Argentina. WAO Board Member and President of the WATS Program



Dr. Elizabeth Kiragu

Pediatric Allergy Specialist and full-time faculty at the Aga Khan University Hospital, Nairobi, Kenya Member, WATS Program



Prof. Sanaa Mahmoud

Clinical professor of Pediatrics and Allergy/Immunology, Pikeville Univ, Kentucky, and Adjunct faculty at Lincoln Debask Memorial Univ, Tennessee, USA



Prof. Mona Al-Ahmad

Professor of Medicine, Allergy and Clinical Immunology at College of Medicine, Kuwait University, Kuwait and Deputy Editor-in-Chief of the WAO Journal



Prof. Carla Irani

Associate Professor of Medicine, Saint Joseph University, and Head of the Internal Medicine and Clinical Immunology Dept at Hotel Dieu De France, Beirut, Lebanon



Dr. Iman Nasr

Head of Allergy and Immunology Dept, Royal Hospital, and Head of the Centers of Reference and Excellence in Urticaria, Angioedema and Anaphylaxis, Muscat, Oman

The 20th International Congress of the Egyptian Society of Pediatric Allergy and Immunology

Program at-a-Glance

Wednesday 26/11/2025	09:00 - 10:00	Morning Lecture: Mastocytosis- Diagnostic Challenges
	10:00 - 10:30	Opening Ceremony and Recognition of Invited Speakers
	10:30 - 12:00	Plenary 1: Pediatric Asthma: Update
	12:00 - 12:30	Coffee Break
	12:30 - 14:30	Symposium 1 with Panel Discussion: Hereditary Angioedema
	14:30 - 15:30	Lunch Break
	15:30 - 17:30	Symposium 2: Clinical Issues in Pediatric Allergy, Immunology, and Rheumatology I

		Hall 1	Hall 2
Thursday 27/11/2025	09:00 - 09:30	Morning Lecture: Stinging Insect Allergy	World Allergy Training School (WATS) (08:30 -17:30) Separate Registration
	09:30 - 11:00	Plenary 2: Revisiting Some Old Immune Disorders	
	11:00 - 11:30	Coffee Break	
	11:30 – 12:45	Symposium 3 with Panel Discussion: Inborn Errors of Immunity	
	12:45 - 14:00	Symposium 4: Difficult-to-Treat Allergies	
	14:00 - 14:30	Keynote Lecture: Systemic Juvenile Idiopathic Arthritis	
	14:30 - 15:30	Lunch Break	
	15:30 - 17:30	Symposium 5: Clinical Issues in Pediatric Allergy, Immunology, and Rheumatology II	
		Closing Remarks	

ESPAI 2025

Morning Lecture and Discussion

Wednesday, November 26; 09.00 – 10:00

Mastocytosis: Diagnostic Challenges

MODERATOR



Prof. Sanaa Mahmoud

Pikeville School of Medicine, Kentucky, USA
Professor Emeritus, Pediatric Allergy and Immunology,
Ain Shams University

SPEAKER



Dr. Roba Al-Gaweesh

Pediatric Allergy, Immunology
and Rheumatology Unit,
Children's Hospital,
Ain Shams University

Open Discussion

ESPAI 2025

Plenary Session 1

Pediatric Asthma: Update

Wednesday, November 26; 10:30 - 12:00

MODERATORS



Prof. Ihab Khairy
Ain Shams University,
Egypt



Prof. Elham Hossny,
Ain Shams University,
Egypt



Prof. Michael Levin
Cape Town University,
South Africa

SPEAKERS

Prof. R. Maxmiliano Gomez

Dean, Faculty of Health Sciences.
Catholic University of Salta.
Invited Professor of Immunology,
National University of Salta, Argentina.

**Asthma remission: pediatric
perspective**

10:30 - 10:55



Prof. Zeinab Awad El-Sayed

Pediatric Allergy, Immunology and
Rheumatology Unit,
Children's Hospital,
Ain Shams University, Egypt

**The role of indoor allergen
control in Childhood asthma
management**

10:55 - 11:20



Prof. Mona Al Ahmad

Chairperson of the Department of
Allergy and Head of Immunology at the
College of Medicine,
Kuwait University, Kuwait

**Clinical challenges about
biologics in airway diseases:
the allergist's perspective**

11:20- 11:45



Q & A (11:45-12:00)

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Symposium 1

Hereditary Angioedema: Current and Future Challenges

Wednesday, November 26; 12:30 - 14:30

MODERATORS



Prof. Alyaa Kotby

Ain Shams University, Egypt



Prof. Zeinab A. El-Sayed

Ain Shams University, Egypt



Dr. Elizabeth Kiragu

Aga Khan University, Kenya

LECTURES

Assoc. Prof. Nesrine Radwan

Pediatric Allergy, Immunology & Rheumatology Unit,
Children's Hospital, Ain Shams University

**Hereditary angioedema:
diagnostic challenges**

12:30 - 12:45



Dr. Walaa Shouman

Pediatric Immunology Unit, Children's Hospital,
Alexandria University

**Conventional HAE treatment:
historical perspectives**

12:45 - 13:00



Prof. Nermeen Galal

Pediatric Immunology Unit, Children's Hospital, Cairo
University

**Advances in HAE treatment and
long-term prophylaxis**

13:00 - 13:20



SPECIAL LECTURE

Prof. Michael Levin

Head of the Division of Asthma and Allergy in the
Department of Pediatrics, Cape Town Univ, South
Africa

**HAE: Case studies and lessons
learned.**

13:30 – 13:55



Panel Discussion Led by Prof. Elham Hossny (13:55 - 14:30)

PANEL MEMBERS



**Prof. Iman
Nasr**

Adult Immunology
Royal Hospital,
Oman



**Prof. Mona
Al Ahmad**

Allergy/immunology
Kuwait Univ.,
Kuwait



**Prof. Elham
Hossny**

Pediatric Immunology
Ain Shams Univ.,
Egypt



**Prof. Rasha
Youssef**

Adult Immunology
Ain Shams Univ.,
Egypt



**Assoc. Prof. Rasha
Hassan**

Pediatric Immunology
Ain Shams Univ.,
Egypt

ESPAI 2025

Symposium 2

Clinical Issues in Pediatric Allergy, Immunology & Rheumatology I

Wednesday, November 26; 15:30 - 17:30

MODERATORS



**Prof. Nevine
Gamal**

Ain Shams University



**Prof. Lerine
Bahyeldin**

Ain Shams University



**Prof. Ihab
El-Hakim**

Badr University



**Prof. Mona
Rashad**

Ain Shams University



**Assoc. Prof. Hanan
A. Hamad**

Ain Shams University

SPEAKERS

Dr. Elizabeth Kiragu

Pediatric Allergy, Aga Khan University
Hospital, Nairobi, Kenya

**The allergy experience in Kenya:
successes and challenges**

15:30 – 15:50



Prof. Marwa El-Deeb

Pediatric Gastroenterology Unit,
Children's Hospital, Ain Shams University

**Gastrointestinal involvement in
Juvenile systemic sclerosis**

15:50 – 16:10



Prof. Yasmeen G. El-Gendy

Pediatric Clinical Nutrition Unit and General
Manager of the Children's Hospital, Ain
Shams University

**Nutritional care of patients
receiving corticosteroids**

16:10 – 16:30

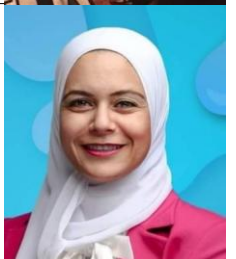


Prof. Ragia Mareie

Pediatric Nephrology and Dialysis Unit,
Children's Hospital, Ain Shams University

**Immune dysfunction in chronic
kidney disease**

16:30 – 16:50



Assoc. Prof. Nihal Hussien

Pediatric Hematology, Oncology Unit,
Children's Hospital, Ain Shams University

**Autoimmune hemolytic anemia:
classification and management**

16:50 – 17:10



Q & A (17:10 - 17:30)

ESPAI 2025

Morning Lecture and Discussion

Thursday, November 27; 09.00 - 09:30

Insect Sting Allergy and its Immunotherapy

MODERATOR



Prof. Carla Irani

Saint Joseph University, Head of the Internal Medicine
and Clinical Immunology Dept, Hotel Dieu De France,
Beirut, Lebanon

SPEAKER



Prof. Sanaa Mahmoud

Pikeville School of Medicine,
Kentucky, USA

Professor Emeritus, Pediatric
Allergy and Immunology,
Ain Shams University, Egypt

Open Discussion

ESPAI 2025

Plenary Session 2

Revisiting Some Old Immune Disorders

Thursday, November 27; 09:30 - 11:00

MODERATORS



Prof. Ahmad Abdallah
Ain Shams University, Egypt



Prof. Ashraf Abdel Baky
MTI University, Egypt



Prof. Mona Al-Ahmad
Kuwait University, Kuwait

SPEAKERS

Prof. Magie L. Naguib

Pediatric Pulmonology Unit, Children's Hospital, Cairo University, Egypt.
ESPAI Board Member.

Pulmonary sarcoidosis in children

09:30 - 09:55



Prof. Elham Hossny

Pediatric Allergy, Immunology and Rheumatology Unit, Children's Hospital, Ain Shams University, Egypt.
WAO Board Member.

Eosinophilic granulomatosis with polyangiitis

09:55 - 10:20



Assoc. Prof. Ghada Shousha

Pediatric Allergy, Immunology and Rheumatology Unit, Children's Hospital, Ain Shams University, Egypt.

Insights in Behcet's disease

10:20 - 10:45



Q & A (10:45-11:00)

ESPAI 2025

Symposium 3

Inborn Errors of Immunity: Multidisciplinary Care

Thursday, November 27; 11:30 - 12:45

Lectures' Moderator

Prof. Iman Nasr, Royal Hospital, Oman

LECTURES

Prof. Carla Irani Saint Joseph University, Head of the Internal Medicine & Clinical Immunology Dept, Hotel Dieu De France, Beirut, Lebanon	Health disparities and shared decision-making in the treatment of PID in the Middle East 11:30 – 11:50	
Prof. Dalia El-Ghoneimy Head, Pediatric Allergy, Immunology and Rheumatology Unit, Children's Hospital, Ain Shams University, Egypt	Common variable immunodeficiency: cornerstones of diagnosis and treatment 11:50 - 12:10	

Panel Discussion on the Uses of IVIG in Pediatrics

Led by Prof. Dalia El-Ghoneimy

Panel Members



Prof. Azza A. Tantawy

Pediatric Hematology/Oncology
Ain Shams University



Prof. Hanan Ibraheim

Pediatric Intensive Care
Ain Shams University



Prof. Hoda Tomoum

Pediatric Neurology
Ain Shams University



Prof. Nermeen Galal

Pediatric Immunology,
Cairo University



Prof. Walid El-Gendy

Pediatric Cardiology
Ain Shams University



Prof. Iman Nasr

Clinical Immunology,
Royal Hospital, Oman

ESPAI 2025

Symposium 4

Difficult-to-Treat Allergies

Thursday, November 27; 12:45 - 14:00

MODERATORS



Prof. May Nassar
Ain Shams University,
Egypt



Prof. Dalia El-Ghoneimy
Ain Shams University,
Egypt



Prof. Mervat Gamal
Ain Shams University,
Egypt

SPEAKERS

Prof. Sanaa Mahmoud

Pikeville School of Medicine, Kentucky, USA
and Emeritus Prof. at Pediatric Allergy,
Immunology and Rheumatology Unit, Ain
Shams University, Egypt

**Management of recalcitrant
atopic dermatitis**

12:45 – 13:05



Assoc. Prof. Hanan A. Hamad

Pediatric Allergy, Immunology and
Rheumatology Unit, Children's Hospital,
Ain Shams University, Egypt

**Multiple food allergies or just
sensitizations?**

13:05 – 13:25



Dr. Sally Gouda

Pediatric Allergy, Immunology and
Rheumatology Unit, Children's Hospital,
Ain Shams University, Egypt

**Refractory Anaphylaxis:
definition and treatment**

13:25 -13:45



Q & A (13:45 - 14:00)

ESPAI 2025

Keynote Lecture and Discussion

Thursday, November 27; 14:00 - 14:30

Systemic Juvenile Idiopathic Arthritis: Treatment Guidelines and Challenges

MODERATOR



Assoc. Prof. Nesrine Radwan

Pediatric Allergy, Immunology and Rheumatology Unit,
Children's Hospital, Ain Shams University, Egypt

SPEAKER



Prof. Dalia El-Ghoneimy

Head, Pediatric Allergy,
Immunology and
Rheumatology Unit,
Children's Hospital,
Ain Shams University, Egypt

Open Discussion

ESPAI 2025

Symposium 5

Clinical Issues in Pediatric Allergy, Immunology & Rheumatology II

Thursday, November 27; 15:30 - 17:30

MODERATORS



**Prof. Terez B.
Kamel**

Ain Shams University



**Prof. Randa
Matter**

Ain Shams University



**Prof. Sahar
Hasanein**

Ain Shams University



**Prof. Ghada
Gad**

Ain Shams University



**Assoc. Prof. Ghada
Shousha**

Ain Shams University

SPEAKERS

Prof. Maha Hassan

Neonatology and Prematurity Unit,
Children's Hospital, Ain Shams University

**Standards of care for the neonate
with primary immunodeficiency**

15:30 – 15:50



Assoc. Prof. Menna Shata

Pediatric Neurology Unit, Children's
Hospital, Ain Shams University

**How to spot cases of autoimmune
encephalitis?**

15:50 – 16:10



Assoc. Prof. Randa Khalaf

Pediatric Endocrinology Unit,
Children's Hospital, Ain Shams University

**Managing Stature defects in
pediatric rheumatologic diseases**

16:10 – 16:30



Assoc. Prof. Sally Raafat

Pediatric Pulmonology Unit, Children's
Hospital, Ain Shams University

**Pulmonary care in juvenile systemic
sclerosis**

16:30 – 16:50



Assoc. Prof. Naglaa Osman

Pediatric Allergy and Immunology Unit,
Children's Hospital, Assiut University

**Management of chronic inducible
urticaria**

16:50 – 17:10



Q & A and Closing Remarks (17:10 - 17:30)

World Allergy Training School

Cairo, Egypt

27 November 2025			
TIME	SESSION	SPEAKER	TIME
08:30 – 09:00	Registration		30 min
09:00 – 09:30	Welcome and Introductions	Host Society & WATS Faculties	30 min
TRACK 1 (09:30 – 11:00) Session Chair: Zeinab A. El-Sayed			
09:30 - 10:00	Lecture: Contact Dermatitis	E. Kiragu	30 min
10:00 - 10:30	Lecture: Urticaria	M. Levin	30 min
10:30 - 11:00	Lecture: Overview of Drug Allergy	E. Kiragu	30 min
Tea/Coffee Break (11:00 – 11:30)			
TRACK 2 (11:30 – 14:30) Session Chair: Elham Hossny			
11:30 - 12:15	Lecture: Food allergy	M. Levin	45 min
12:15 - 13:00	Lecture: Anaphylaxis	M. Gómez	45 min
13:00 - 13:30	Workshop: Anaphylaxis action plans and adrenaline use (workshop)	M. Gómez	30 min
13:30 - 14:30	Workshop: Allergy Skin Testing	M. Levin (introduction lecture); All faculty (workshop)	60 min
Lunch (14:30 – 15:30)			
TRACK 3 (15:30 – 17:30) Session Chair: Dalia El-Ghoneimy			
15:30 - 16:15	Lecture: Asthma	M. Gómez	45 min
16:15 - 16:55	Workshop: Asthma inhalation devices, MDIs, Spacers & DPI's, Peak flow meters	M. Gómez	40 min
16:55 - 17:15	Workshop: Nasal sprays and sinus irrigation	E. Kiragu	20 min
17:15 - 17:30	Q&A / Conclusions and Group Photo	WATS Faculties	15 min

THANK YOU



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رئيس المؤتمر والجمعية أمين عام المؤتمر والجمعية الرئيس السابق للجمعية
أ.د. إلهام محمد حسنى أ.د. داليا حلمى الغنيمى أ.د. زينب عوض السيد

أعضاء اللجنة المنظمة

أ.د. إيهاب زكى الحكيم
أ.م.د. رشا حسن العويضى
أ.م.د. نسرين رضوان
أ.م.د. حنان عبد اللطيف
أ.م.د. غادة شوشة
د. سالى جودة
د. ربا الجاويش

أمين الصندوق

د. عمرو المكاوى

المؤتمر معتمد من قبل مجلس
الإعتماد الأوروبى ويمنح
13.5 ساعة من التعليم
الطبي المستمر



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