The 21st International Congress of the Egyptian Society of Pediatric Allergy and Immunology (ESPAI 2026)

Semiramis Intercontinental Hotel, Cairo - December 2-3, 2026

PROGRAM OUTLINE

Wednesday 2/12/2026	09:00-10:00	Morning Lecture and Discussion: Macrophage Activation Syndrome
	10:00-10:30	Opening Ceremony and Recognition of Invited Speakers
	10:30-11:00	Key note Lecture: Artificial Intelligence in Medical Education
	11:00-12:00	Plenary Session 1: Food Allergy: Diagnosis and Treatment
	12:00-12:30	**Coffee Break**
	12:30-14:00	Plenary Session 2: The Expanding Landscape of Inborn Errors of Immunity
	14:00-14:30	Symposium 1: Guidance for IVIG use in Inborn Errors of Immunity
	14:30-15:30	**Lunch Break and Poster Discussions**
	15:30-17:30	Symposium 2: Clinical Issues in Pediatric Allergy, Immunology and Rheumatology I
Thursday 3/12/2026	09:00-09:30	Morning Lecture and Panel Discussion: Metabolic Mimickers of Juvenile Idiopathic Arthritis
	09:30-10:45	Plenary 3: Pediatric rheumatology: Highlights from Latest Guidelines
	10:45-12:00	Plenary 4: Updates in Pediatric Allergy
	12:00-12:30	**Coffee Break**
	12:00-13:00	Keynote Lecture: Evolution of Allergy and Immunology in Allergen Immunotherapy
	13:00-14:00	Symposium 3: Hereditary Angioedema: Updates and unmet needs
	14:00-14:30	Symposium 4: Systemic JIA/Still's disease Treatment perspectives
	14:30-15:30	**Lunch Break and Poster Discussions**
	15:30-17:30	Symposium 5: Clinical Issues in Pediatric Allergy, Immunology and Rheumatology II

Day 1: Wednesday, December 2, 2026 (9:00 am - 17:30 pm)

Morning Lecture and Discussion (09:00-10:00): Macrophage Activation Syndrome: A Rheumatological Emergency.

Moderator: Mohammad Abd El-Mohsen, Head of the Pediatric Department, Ain Shams University, Egypt.

Speaker: Dalia El-Ghoneimy: Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt

Opening Ceremony and Recognition of Invited Speakers (10:00-10:30)

Keynote lecture (10.30-11.00): Artificial Intelligence in Medical Education.

Moderator: Elham Hossny, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University.

Speaker: Christopher Chang, Professor at the University of California, Nova Southeastern University, and Florida Atlantic and Florida International Universities, USA.

Plenary 1: Food Allergy: Diagnosis and Treatment (11:00-12:00)

Moderators: Zeinab A. El-Sayed; Magda El-Seify; Ihab Khairy

11:00-11:25: Cross-reactivity in Food Allergy: Sanaa Mahmoud, Clinical professor of Pediatrics, University of Kentucky, USA.

11:25-11:45: Anaphylaxis Guidelines. Elham Hossny, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt

11:45-12:00: Q & A

COFFEE BREAK (12:00-12:30)

Plenary 2: The Expanding Landscape of Inborn Errors of Immunity (12:30-13:45)

Moderators: Ashraf Abdel Baky; Dalia El-Ghoneimy; Ragia Marei

12:30-12:45: The allergist: a key player in unveiling inborn errors of immunity. Zeinab A. El-Sayed, Pediatric Allergy Immunology and Rheumatology Unit, Ain Shams University, Egypt.

12:45-13:10: Non-infectious comorbidities in inborn errors of immunity. Christopher Chang, Professor at the University of California, Nova Southeastern University, and Florida Atlantic and Florida International Universities, USA

13:10-13:30: Renal spectrum of Inborn Errors of Complement. Ahmad Hussein, Pediatric Nephrology Unit, Ain Shams University, Egypt

13:00-13:45: Q & A

Symposium 1: 13:45-14:30: Panel discussion - Guidance for IVIG use in inborn errors of immunity- Panelists: Elham Hossny, Christopher Chang, Hoda Tomoum, Nermeen Galal, Nayera Hazaa, Nesrine Radwan.

Interactive Poster Session (14:30-15:30) DURING LUNCH BREAK

Symposium 2: Clinical Issues in Pediatric Allergy, Immunology and Rheumatology I (15:30-17:30)

Moderators: May Nassar, Randa Matar, Azza Youssef, Waleed ElGendy, Iman Ragab, Hanan Hamad

15:30-15:45: Facing malnutrition in infants with food allergy. Marwa Hossny, Pediatric Clinical Nutrition, Ain Shams University, Egypt.

15:45-16:00: The psychological burden of atopic dermatitis. Menna Zakaria, Pediatric Psychiatry, Ain Shams University, Egypt.

16:00-16:15: Anti-coagulants in antiphospholipid antibodies syndrome. TBA, Pediatric Hematology, Ain Shams University, Egypt

16:15-16:30: Treatment of allergic rhinosinusitis in children. Roba Al-Gaweesh, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

16:30-16:45: Carditis in pediatric lupus. Abdelwahab Ahmad. Pediatric Cardiology, Ain Shams University, Egypt

16:45-17:00: Recurrent oral ulcers in pediatric rheumatology. Enas Mohammad, Pediatric Rheumatology, Assiut University, Egypt

17:00-17:30: Q & A

Day 2: Thursday, December 3, 2026 (09:00-17:30)

Morning Lecture and Panel Discussion (09:00-09:30):

Panelists: Solaf El-Sayed, Mona Rashad, Ghada Shousha

09:00-09:10: **Metabolic mimickers of Juvenile Arthritis:** Naglaa Osman, Pediatric Allergy, Immunology and Rheumatology, Assiut University, Egypt

Panel Discussion 9:10-9:30

Plenary 3 (9:30-10:45): Pediatric Rheumatology: Highlights from Latest Guidelines

Moderators: Alyaa Kotby; Ihab El-Hakim; Rasha El-Owaidy

9:30-9:50: 2024 AHA Statement on Diagnosis of Kawasaki disease: Alyaa Kotby, Pediatric Cardiology, Ain Shams University, Egypt.

09:50-10:10: Immunomodulatory Treatment of Kawasaki disease: Hanan Hamad, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

10:10-10: 30: 2025 ACR treatment guidelines for pediatric Lupus Nephritis: Sally Gouda, Pediatric, Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

10:30-10:45: Q & A

Plenary 4 (10:45-12:00): Updates in Pediatric Allergy

Moderators: Dana Wallace, Zeinab Awad.

10:45-11:15: Precision medicine in Allergy: with respect to severe asthma. Mona Al-Ahmad, Professor of Medicine and Allergy/Immunology, Kuwait University, Kuwait.

11:15-11:45: Chronic Urticaria: Myths and Facts. Elham Hossny, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

11:45-12:00: Q & A

COFFEE BREAK (12:00-12:30)

Keynote lecture (12:30-13:15): Evolution of Allergen Immunotherapy.

Moderator: Sanaa Mahmoud, Pikeville School of Medicine, Kentucky, USA.

Speaker: Dana Wallace, Nova Southeastern University College of Medicine, Fort Lauderdale, Florida, USA

Symposium 3: Hereditary angioedema: Updates and unmet needs (13:15-14:00)

Panelists: Elham Hossny, Mona Al-Ahmad, Sanaa Mahmoud, Azza Abd El-Gawwad, Nermeen Galal, Rasha EL-Owaidy

13:15-13:25: HAE diagnostic challenges and updates. Nesrine Radwan, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

13:25-13:35: HAE treatment update. Walaa Shoman, Pediatric Immunology and Rheumatology, Alexandria University, Egypt

13:35-14:00: Panel Discussion

Symposium 4: Systemic JIA/Still's disease (14:00-14:30)

Moderator: Dalia El-Ghoneimy, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

14:00-14:20: Systemic JIA/Still's disease: treatment perspectives. Ghada Shousha, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

14:20-14:30: Q &A

Interactive Poster Session (14:30-15:30) DURING LUNCH BREAK

Symposium 5: Clinical Issues in Pediatric Allergy, Immunology & Rheumatology II (15:30-17:30)

Moderators: Lerine Bahyeldin, Ghada Gad, Terez Kamal, Sally Gouda

15:30-15:45: Neonatal presentation of autoimmune diseases: neonatologist perspective. Ghada Saleh, Neonatology, Ain Shams University, Egypt

15:45-16:00: Insights into the diagnostic role of BAL in inborn errors of immunity: Heba Ahmad, Pediatric Pulmonology, Ain Shams University, Egypt

16:15-16:30: Headache in pediatric lupus: Ahmad Rehan, Pediatric Neurology, Ain Shams University, Egypt

16:30-16:45: Papular urticaria – a troublesome pediatric problem. Ola Omara, Pediatric Allergy, Immunology and Rheumatology, Ain Shams University, Egypt.

16:45-17:00: H-Syndrome. Eman Sakr. Pediatric Allergy Immunology and Rheumatology, Ain Shams University, Egypt.

16:00-16:15: Reactive arthritis in pediatrics: treatment and prognosis. Eman Fahmy, Pediatric Allergy and Immunology, Sohag University, Egypt

17:00-17:30: Q & A